

January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 Center Closed New Year's Day	2 <u>AM Snack</u> Pineapple Milk <u>Lunch</u> Tuna Salad WG Flatbread *Baby Carrots Mandarin Oranges Milk <u>PM Snack</u> WG Soft Pretzel w/Cheese Milk	3 <u>AM Snack</u> WG Kix Cereal Milk <u>Lunch</u> WG Mini Turkey Corn dogs Snow Peas Peaches Milk <u>PM Snack</u> Cheddar Cheese Stick Milk	4 <u>AM Snack</u> Cinnamon Apples Milk <u>Lunch</u> Chicken Quesadilla on WG Tortilla Peas Fruit Cocktail Milk <u>PM Snack</u> *Broccoli Florets w/Ranch Milk	5 <u>AM Snack</u> WG French Toast Sticks Milk <u>Lunch</u> Hamburger on WG Bun Green Beans *Banana Milk <u>PM Snack</u> Cheezits Milk
8 <u>AM Snack</u> WG Goldfish Crackers Milk <u>Lunch</u> WG Pasta w/Meat Sauce Cauliflower Applesauce Milk <u>PM Snack</u> WG Strawberry Chex Mix Milk	9 <u>AM Snack</u> WG Apple Cinnamon Cheerios Milk <u>Lunch</u> Meatloaf WG Saltine Crackers Mashed Potatoes & Gravy Mandarin Oranges Milk <u>PM Snack</u> WG Animal Crackers Milk	10 <u>AM Snack</u> WG Breakfast Bites Milk <u>Lunch</u> Turkey Sausage Pizza on WG Crust Green Beans *Banana Milk <u>PM Snack</u> Ritz Crackers Milk	11 <u>AM Snack</u> Tropical Fruit Salad Milk <u>Lunch</u> WG Fish Nuggets Peas Peaches Milk <u>PM Snack</u> *Baby Carrots w/Ranch Milk	12 <u>AM Snack</u> Cottage Cheese Milk <u>Lunch</u> Pork Rib Patty WG Bread Diced Carrots Pineapple Milk <u>PM Snack</u> WG Pumpkin Bread Milk
15 <u>AM Snack</u> WG Graham Crackers Milk <u>Lunch</u> Chili WG Corn Muffin Mixed Veggies Peaches Milk <u>PM Snack</u> *Banana Milk	16 <u>AM Snack</u> WG Bagel w/Cream Cheese Milk <u>Lunch</u> Teriyaki Chicken Rice Broccoli Pears Milk <u>PM Snack</u> WG Breadstick w/sauce Milk	17 <u>AM Snack</u> Pineapple Milk <u>Lunch</u> WG Cheese Pizza Snow Peas Cinnamon Apples Milk <u>PM Snack</u> WG Banana Bread Milk	18 <u>AM Snack</u> *Apple Milk <u>Lunch</u> Turkey Sausage Patties WG Biscuit w/Gravy Skin-on Potato Wedges Mandarin Oranges Milk <u>PM Snack</u> WG Goldfish Crackers Milk	19 <u>AM Snack</u> WG Kix Cereal Milk <u>Lunch</u> BBQ Meatballs WG Saltine Crackers Spinach Fruit Cocktail Milk <u>PM Snack</u> WG Strawberry Chex Mix Milk
22 <u>AM Snack</u> Applesauce Milk <u>Lunch</u> WG Chicken Patty Mashed Potatoes & Gravy Pineapple Milk <u>PM Snack</u> Cheddar Cheese Stick Milk	23 <u>AM Snack</u> WG Animal Crackers Milk <u>Lunch</u> Chicken Alfredo w/WG Pasta Broccoli Pears Milk <u>PM Snack</u> Cheezits Milk	24 <u>AM Snack</u> Cottage Cheese Milk <u>Lunch</u> Turkey Hot Dog on WG Bun Baked Beans *Banana Milk <u>PM Snack</u> WG Zucchini Bread Milk	25 <u>AM Snack</u> Peaches and Blueberries Milk <u>Lunch</u> WG Chicken Tenders *Salad Mix Mandarin Oranges Milk <u>PM Snack</u> Ritz Crackers Milk	26 <u>AM Snack</u> WG Apple Cinnamon Cheerios Milk <u>Lunch</u> Cheese Roll Up on WG Tortilla Snow Peas *Oranges Milk <u>PM Snack</u> WG Strawberry Chex Mix Milk
29 <u>AM Snack</u> Pears Milk <u>Lunch</u> Creamy Chicken Soup WG Biscuit Mixed Veggies *Oranges Milk <u>PM Snack</u> WG Graham Crackers Milk	30 <u>AM Snack</u> Pineapple Milk <u>Lunch</u> Tuna Salad WG Flatbread *Baby Carrots Mandarin Oranges Milk <u>PM Snack</u> WG Soft Pretzel w/Cheese Milk	31 <u>AM Snack</u> WG Kix Cereal Milk <u>Lunch</u> WG Mini Turkey Corn dogs Snow Peas Peaches Milk <u>PM Snack</u> String Cheese Milk		

WG=Whole Grain

*=Fresh Fruit or Vegetable

MENU IS SUBJECT TO CHANGE.

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

This institution is an equal opportunity provider.